

CPR and First Aid for Adults

MEDIC FIRST AID Basic is an adult CPR and first aid training program designed specifically for the occupational first aid provider. This program will help employers meet OSHA and other federal and state regulatory requirements for training employees in responding to and caring for medical emergencies at work.

Monday, March 15th, 2010

8:00 a.m. –11:00 a.m.

113 North Shipp

(Hobbs Hispano Chamber of Commerce)

\$15 per person

(fee covers cost of materials)

3 Hour Class

Topics covered in program:

- Assessment
- Personal Safety
- Activating EMS
- Clearing and Protecting the Airway
- Ventilations
- Chest Compressions
- One-Rescuer CPR
- Control of Bleeding
- Managing Shock
- Foreign, Body Airway Obstruction
- Warning Signs of illness
- Mechanism of Injury

**For more information please call:
Hobbs Hispano Chamber of Commerce
575-393-1030 or
Or Got Safety? 575-738-1140**